

RRC's Short Courses

RRC's Short Courses are designed for In-Company delivery. They can be adapted to meet the specific requirements of your organisation and can be delivered in many languages. Below is a summary of the general course content and aims. Contact us if you would like to discuss any adaptations that would benefit your organisation.



DSE Assessor / Risk Assessment - Course Summary

RRC's DSE Assessor / Risk Assessment Short Course is a half-day course which provides Learners with an overview into the requirements of the Health and Safety (Display Screen Equipment) Regulations 1992. This can be expanded to a full day and contain a practical session teaching how to set up a workstation.

It is ideal for:

- Safety Professionals
- Occupational health nurses and technicians
- Supervisors who are responsible for DSE in their workplace

Course Aims and Objectives

The **RRC DSE Assessor / Risk Assessment Short Course** will allow Learners to:

- Understand the definition of the workstation in the regulations
- Understand the typical injuries caused by poor posture
- Understand how to establish a safer workstation
- Be able to use common DSE assessment tools to support the setting up of the workstation

Course Duration

1 Day (4-8 Hours)

Contact Information

For further details on this course and any other training requirements, please contact us on:

Course Delivery Options

RRC's Short Courses are designed to be delivered In-Company worldwide. We also offer a choice of In-Person or Live Online delivery.

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